

## **Crowns**

We have used a local anesthetic to numb the area we have treated today. This numbness will last in your teeth, lips, cheeks, and tongue for several hours after the procedure. To avoid damage to your teeth, lips, cheeks, and tongue please avoid hot drinks and foods and any chewing until the numbness has completely worn off.

### **Temporary Crowns**

Temporary crowns are used during the time we are designing your new permanent crowns. Temporary crowns are designed to protect the tooth, provide you with an even bite and keep your other teeth in alignment until the permanent crowns have been designed. Temporary crowns are placed with an easy to remove adhesive so we can remove them easily when your permanent crowns are ready for placement. As such, your temporary crowns may dislodge without much effort. Avoid sticky foods, gum, candy, breads, bagels etc. that when mixed with saliva become very sticky. Also avoid extreme temperatures (hot/cold) to reduce sensitivity. If your temporary Crown does come off don't panic, Call our office and we will be happy to re-seat the temporaries ASAP.

### **What if my Crowns or Temporary Crowns is sensitive after treatment?**

It's normal to experience some sensitivity to cold, heat or bite after your Crown appointment. We have used a desensitizing agent to reduce sensation but you may still experience cold sensitivity. You can also expect some soreness in your gums for several days around the area that has been worked on. This is normal and due to the work that was done to repair the tooth. Although the tooth was numb during the treatment it still responds to the treatment with inflammation. Rinsing the area around your new crown with warm salt water (1 teaspoon salt in 1 cup warm water) will help to decrease discomfort and speed up healing time. Advil is also recommended if the area is sensitive to bite on as it will help decrease inflammation from the treatment.

### **When will my new Crown be ready to use?**

Crowns will completely set within 24 hours. For the first 24 hours avoid any heavy chewing on your new Crowns. Also, avoid very sticky foods as mentioned above. Although we have taken care to adjust your crowns to fit your natural bite, using blue marking paper, and have polished your Crowns for smoothness and durability it is difficult to achieve a perfect finish while you are numb. If you do notice any rough areas or your bite feels uneven (new Crown feels high) after the numbing wears off, please contact our office for an adjustment so inflammation does not persist. You may also notice your gums are a little red and swollen after treatment. Keep them clean by massaging your gums gently with a soft tooth brush and they will return to their healthy state within a few days.

### **How long will my Crowns last?**

The durability of your new Crowns depends a lot on how well you take care of them. Your teeth and Crowns are exposed to many conditions that can affect their life span but the most significant is bacterial infection or cavities. To insure that your teeth and new Crowns have a long life brush regularly after you eat and floss.

Malinda Mundy-Burgett DDS FAGD

Grin Dentistry

\*\*We are accepting new patients